

XVI Medical-Scientific Congress on:

**Pollution and damage of oxidative stress - from cell suffering to hypoxia
“causes, effects, diagnosis and treatment”**

**Multiple chemical sensitivity and fibromyalgia
Nutrition and metabolism**

**Mitochondrial medicine
Research breakthroughs – Nutraceutical and nutrigenomics**

BOLOGNA – 10th September 2011
SALA ITALIA – Palazzo della Cultura e dei Congressi
Piazza della Costituzione, 4/a – Bologna

Sponsored by:

Board of physicians, surgeons and orthodontists for the Province of Bologna
Person-Centered Medicine (“*Medicina Centrata sulla Persona*”) Association, NGO
Permanent Committee of Consensus and Coordination
for Non-Conventional Medicines in Italy
“Coccinella Dina Sergiacomi” Association
“City Angels” Association

Abstract

As exhibited by an abundance of scientific research, excessive free radicals and cellular hypoxia are among the factors responsible for chronic degenerative diseases that can be prevented also thanks to oxidative stress management.

The topics tackled during the Congress aim to provide information on various health improving or degenerating factors with prime focus on the quality of air, water and food intake; movement and activity; and the surrounding environment as a whole.

The scope of this initiative is to inform health related operators and participants about the problems linked to free radicals, cellular hypoxia, and nutrition in view of new medical-scientific evidence concerning primary prevention. The information targets all persons, regardless of their illness or conditions as patients, that wish to improve their lifestyle and wellbeing as well as their general health.

08.30 Participant registration

09.00 Greeting by the President of Board of physicians, surgeons and orthodontists of Bologna, Giancarlo Pizza

Moderator: Steno Sari

09.15 Paolo Roberti of Sarsina
Person-Centered Medicine and Salutogenesis

09.35 Attilio Speciani
Food, Inflammation and Oxidative Stress. The role of BAFF.

09.55 Franco Canestrari
Hypoxia. Warburg Effect and Degenerative Diseases.

10.15 Serena Benedetti
CELLFOOD: outlook on research

10.35 Ivo Bianchi
The Key Role of Mitochondria in Organic Homeostasis

10.55 Lorenzo Bettoni
Anti-Oxidants in Rheumatic Diseases

11.15 Sante Guido Zanella
Aluminum, Multiple Sclerosis and Chelation Treatment

11.35 Mauro Mario Mariani
From Chelation Treatment to Avoidance: role of "on demand" oxygen

12.00 Kevin Negrete
Everett Storey's Formula around the World

12.45 Björn Lárus Örvar
Production of Similar Human Growth Factors from Plants for Skin Care.

13.30 Lunch (biological) offered by EURODREAM Srl (La Spezia, Italy)

Sports and Health

14.40 Luca Speciani
Weight Training, Retention and Oxidation: experience with the National Ultramarathon Team.
Nutrition and integration: what are the differences between the athlete and the sedentary individual?

15.00 Daniele Menarini and Massimiliano Ossini
Eurodream for sport: Giorgio Di Centa, Monica Casiraghi, Ottavio Andriani, Fabrizio Vignali, Ilaria Bianchi, Marco Morigi, Team CELLFOOD, Italian National Ultramarathon Team, Peperoncino Team and the testimony of national and international athletes

Aging and prevention:

15.30 Guido Giorgio Mariani
Skin Aging, the role of EGF

15.50 Ian Sula
"Stress Protein and its Effects on Immune System Depletion"

16.10 Mauro Miceli
The Remethylation Process in Physiological Homeostasis of Cell Aging. Vascular risks and optimal prevention.

16.30 Francesco Raggi
Nutritional Light: biological endovenous laser treatment

Emotions and Health

16.50 Maria Corgna
Respiration's Key Role in Regulation the PNEI Network

17.10 Marie Noelle Urech
Know your Emotions and Mind to Beat Cancer

17.30 Round Table
Lifestyle, Oxidative Stress, Nutrition, Food Supplements, Anti-Oxidants, Aging and Anti-Age Strategies

18.15 Congress Conclusion

18.30 Conference open to the public - Free inscription – Reservation obliged
EURODREAM WORKSHOP - Information and prevention - The New Biology of Health

Speakers and Moderators:

Dr. **Serena Benedetti** – PhD, University of Urbino "Carlo Bo", Dept. Of Biomolecular Sciences, Clinical Biochemistry division.

Dr. **Lorenzo Bettoni** – surgeon, immunologist, rheumatologist, allergologist; ANFISC medical head

Dr **Ivo Bianchi** – surgeon, specialist in internal medicine; Full Prof. of the State University of Milan

Prof. **Franco Canestrari** – Associate prof. of Clinical Biochemistry and Clinical Molecular Biology, University of Urbino

Dr. **Maria Corgna** – surgeon, endocrinology specialist

Dr. **Guido Giorgio Mariani** – surgeon, specialist of plastic and reconstructive surgery

Dr. **Mauro Mario Mariani** – surgeon, specialist of angiology, chelation therapy and nutraceuticals specialist

Dr. **Daniele Menarini** – Co-director of the periodical “Corriere”

Prof. **Mauro Miceli** – Biochemical nutritionist, prof. of the graduate course “Tecnologie di Laboratorio Biomedico (Biochemical Laboratory Technologies)”, University of Florence

Kevin Negrete – President of Nu Science Corporation, USA

Dr. **Björn Lárus Örvar**, President Sif Cosmetics, Iceland

Massimiliano Ossini, RAI television host

Dr. **Giancarlo Pizza** – surgeon, immuno-oncology; President of Board of physicians, surgeons and orthodontists of Bologna and of the Federations of the Emilia-Romagna Registers

Dr. **Francesco Raggi** – surgeon, specialist of hygiene and preventive medicine

Dr. **Paolo Roberti di Sarsina** – Expert for Non-conventional medicines of the Higher Council for Hygiene; President of the Person-Centered Medicine Association NGO; coordinator and full professor of the Master degree course “Health Systems, Traditional and Non-Conventional Medicine”, University of Milan, Bicocca; European Association for Preventive, Predictive and Personalised Medicine.

Dr. **Steno Sari** – journalist

Dr. **Attilio Speciani** – surgeon, specialist of clinical allergology and immunology

Dr. **Luca Speciani** – surgeon and agronomist

Dr. **Ian Sula**, surgeon, immunologist, Oxford Institute of Immunology UK

Dr. **Marie Noelle Urech**, President of the Viriditas Association; method counselor to Dr. Carl Simonton; professor of the development course on Phytotherapy, University of Tuscia; writer

Dr. **Sante Guido Zanella**, surgeon, oculist, specialist of chelation treatment and nutraceuticals

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| <p>SCIENCE SECRETARIAT Prof. Franco Canestrari and Dr. Serena Benedetti</p> <p>University of Urbino "Carlo Bo" Department of Biomolecular Sciences, Clinical Biochemical Division Via Ubaldini 7 - 61029 Urbino (PU) tel: +39 0722 351477 fax: +39 0722 322370 mail: serena.benedetti@uniurb.it</p> | <p>CONGRESS ORGANIZATION COMMITTEE: Akesios Group Srl Via A. Viola, 9 43126 Parma Tel: +39-0521-64.77.07- Fax: +39-0521-62.20.61 www.akesios.it - info@akesios.it</p> |
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